

Take Refuge in the Lord | Psalm 34:1-22

As we come to the end of another year, we can reflect on the valleys and the mountain tops that we have faced. It is inevitable that that we will face troubles as Jesus made clear to us. But He also made clear to us that He has overcome the world. In our passage today, David shares that God has helped Him, and reasons that He can help us, too. As we look at Psalm 34, we are not only invited to “to taste and see that the Lord is good”, but also to know there is blessing in obeying Him and taking refuge in Him. What can we learn from Psalm 34, as we reflect on the passing of this year and look forward to the next?

1. We are invited to seek the Lord together because He is both _____ of praise and _____ to His people.

2. We are instructed to follow the Lord because there are great _____ in _____.

3. We are encouraged to cry out to the Lord when we are _____ because He _____ our cry and _____.